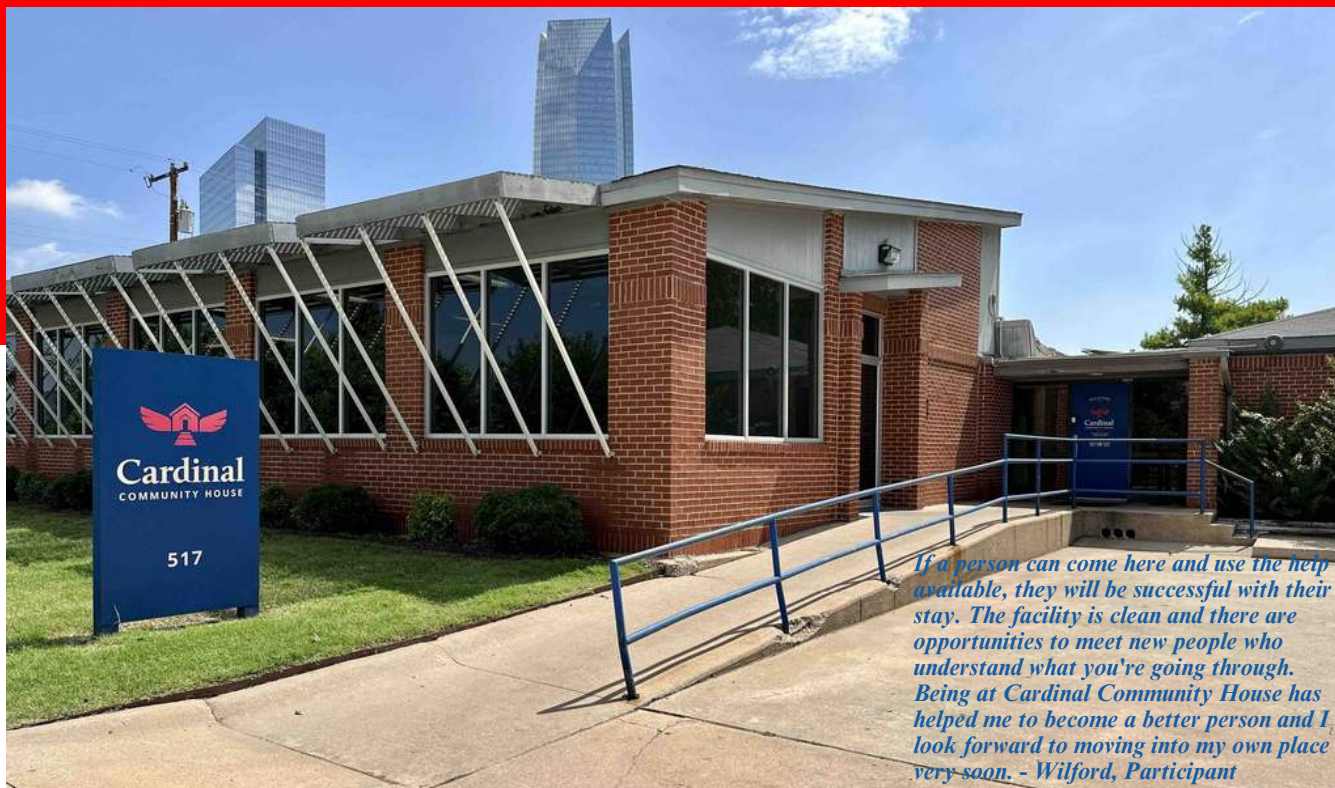


## About CCH

CCH is a not-for-profit, *nonmedical*, respite center for those who are unsheltered and also experiencing an illness or injury. This initiative began in March of 2021 to address a pressing need in our community; a place for recuperation and healing for the unsheltered. Individuals at CCH are typically discharged directly from a hospital, but not always. Individuals in respite no longer need continuous medical care, and though still recovering and feeling unwell, they are able to take care of their personal needs and navigate independently (with or without an assistive device). CCH is not a medical care facility.



*If a person can come here and use the help available, they will be successful with their stay. The facility is clean and there are opportunities to meet new people who understand what you're going through. Being at Cardinal Community House has helped me to become a better person and I look forward to moving into my own place very soon. - Wilford, Participant*

## Helpful Information

CCH strives to be a safe, quiet, and welcoming community. All clients should expect and give respect. CCH is a coed, congregate, dorm-style, living arrangement with most clients enjoying a private room in one of four dorm halls. In shared spaces clients must be mindful of one another, not take anything not belonging to them, and not introduce any weapon, non-prescribed drug, alcohol, or engage in illegal activity on the campus. The campus is expected to be quiet to allow others to rest. It should be especially quiet after 10:00pm, when common areas close. Clients are not restricted to CCH, but are expected to remain on site to focus on their healing and recovery. CCH has a curfew from 10:00pm to 6:00am. During this time the center is locked. Visitors are allowed in designated areas during visitation hours. Clients can receive mail at CCH and bring in a limited number of personal and allowable items.

## Get In Touch With Us



[inquiry@cardinalcommunityhouse.com](mailto:inquiry@cardinalcommunityhouse.com)



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## CALL US

405-232-0231



# CARDINAL COMMUNITY HOUSE

## HEALING HELP HOPE

Serving Oklahomans Since 1966

# Frequently Asked Questions

## Who is eligible to come to CCH?

All clients must be referred directly by a contracting partner and be eligible. Eligible clients must be able to take care of their physical and personal care needs, independently and navigate the campus without the assistance of others (though a wheelchair, walker, or other device may be used).

## How long can someone stay at CCH?

Referrals are typically for 30 days and potentially longer. However, clients who do not fit the eligibility criteria, are disruptive, destructive, or violate rules may be asked to leave earlier.

## Do clients pay to stay at CCH?

No. Contracting partners and/or scholarships graciously cover a client's stay at CCH.

## What type of services are offered while sheltering at CCH?

Clients are assigned a Case Manager to identify needs, create a plan, and assist with goal completion. Clients also receive assistance in coordinating their health care needs. This includes making appointments, transportation to medical appointments, medication refill assistance, and medication storage as necessary.

## Does CCH provide meals?

Yes, CCH provides three meals for each client. Special diets are accommodated. Clients may keep a small amount of personal food items and are provided a small space for refrigerated items.

## Will I be restricted to the center at CCH?

No, clients at CCH are not restricted or confined. However, clients who do not spend a majority of their time resting may be discharged early.

# Welcome!



# Offerings

- A private room with a hospital bed, individual heating and cooling unit, a desk, and storage space.
- Shared bathrooms
- Laundry facilities
- Computer lab
- Dining hall
- Lounge areas
- Visitation areas
- Private Parks
- Activities
- Transportation to medical appointments
- Direct Care Plan and Case Management Services
- Visits by Healthcare Professionals are accommodated.

## Client Expectations

As part of Cardinal Community House's respite care program, new clients are required to participate in a 'Welcome and Orientation' as well as a Case Management intake. Weekly meetings are expected to take next steps and secure options beyond discharge from CCH.

Clients are expected to keep themselves and their personal living spaces tidy. Additionally, clients are expected to pick up after themselves in common areas. Client should expect to be greeted and treated warmly.



*I was able to rest in spite of all of the drama I had been through because of a car accident that nearly killed me. The staff were respectful, especially before entering my room to check on me. They treated me with great respect. I am moving on from Cardinal to a program for veterans. - Will, Participant*